

## Determine Your Ability

### Level 1

Let's get started! You will learn movement patterns in boots and skis, edge control, edge change skills and beginning parallel turns. Now you are ready to use the rope and explore green terrain.

### Level 2

Learn to turn! You already use the rope and explore green terrain. You will learn beginning parallel turns, edging and releasing your skis in a traverse and different shaped turns. You will learn to ride the chair which will open new terrain possibilities for you!

### Level 3

Linking turns! You will learn how to match your skis earlier in your turns, beginning to use your ski poles and controlling your speed on varying terrain.

## What if I surpass the choice of levels provided?

We have a few options:

Personal Training Program

Private Lesson

Or become a Sunburst Ski Instructor

## What should you wear?

Dress for the weather. Dress in layers so that you can add or take off clothing as temperatures change. Always bring a cap and gloves or mittens.

## Questions?

Please feel free to contact us with any questions that you may have.

## Directions

Our website, [www.skisunburst.com](http://www.skisunburst.com), contains a direct link to "Mapquest" for detailed directions from any location.

## Responsibility Code

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

**KNOW THE CODE  
IT'S YOUR RESPONSIBILITY**



*"If I can do it, so can you!!!"*



## Skiing for Rookies

**2011-2012**



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## Skiing for Rookies... It is easier than ever.

If you are 8 years of age or older, this program is for you. It is a three week program designed for the beginner to the intermediate skier (ability 1 – 3). The package includes three lift tickets, three ski rentals, three helmet rentals and three 1 ½ hour lessons all for **\$98.00**.

Classes begin at 7:00 pm and are available on Tuesday, Wednesday, Thursday and Saturday\* nights with sessions available in February.

Registration is required one week before the session begins. Session dates and times are listed below. Class size is limited, so sign up early!

- √ Choose a session
- √ Fill out the program application
- √ Have fun learning to ski!

Cancellations or rescheduling are allowed only before the session starts and will be charged a \$15.00 fee. **No refunds after start of session. No make-ups on any missed classes**, however, the remaining paid lift tickets and rental portions maybe used during the current season.

Session	Month	Day	Dates
1	Feb.	Tues.	7, 14, 21
2	Feb.	Wed.	8, 15, 22
3	Feb.	Thurs.	9, 16, 23
4*	Feb.	Sat.	4, 11, 18

**\*Saturdays are reserved for ADULTS ONLY  
18yrs and older.**

**Minimum of 4 per session.**

## Skiing for Rookies Application

Participant's Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home or Work # \_\_\_\_\_ Cell or Emergency # \_\_\_\_\_

Age \_\_\_\_\_ D.O.B. \_\_\_\_\_ Email \_\_\_\_\_

Ski Rental YES \_\_\_ NO \_\_\_ Helmet Rental YES \_\_\_ NO \_\_\_ Amount \_\_\_\_\_

Visa/MC or Check # \_\_\_\_\_ Exp. \_\_\_\_\_ CVV \_\_\_\_\_

Check # \_\_\_\_\_ IF paying by check, Driver's Licenses # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

**Please read:** Cancellations or rescheduling are allowed only **before** sessions start and will be charged a \$15 fee. **No refund after any session begins. No make-ups on any missed classes.** All age requirements must be met by December 1, 2011.

### Learn to Ski - \$98.00

Ability Level 1 2 3  
(Circle one) See back for descriptions of abilities

### February

\_\_\_\_\_ Session 1 \_\_\_\_\_ Session 2 \_\_\_\_\_ Session 3 \_\_\_\_\_ Session 4\*

#### Notice of and Acknowledgement of Risks

I (we) understand that all forms of alpine activities are **hazardous** with many **dangers** and **risks** including but not limited to: skiing and snowboarding, riding and disembarking ski lifts, changing weather conditions, variations in terrain, surface or subsurface snow or ice conditions, bare spots, rocks, trees, stumps and other forms of forest growth or debris, lift towers and components thereof, buildings and fences, pole lines and plainly marked or visible snowmaking equipment (all of the foregoing whether above or below the snow surface), **collisions** with other persons and a multitude of other objects are inherent to all forms of alpine activities.

#### Authorization and Release of Liability

As a condition of being permitted to use the ski area premises, I (we) agree to release, hold harmless and indemnify, defend and promise not to sue Sunburst Ski Area, its owners, Summit Ski Corporation and their directors, officers, employees, agents and representatives, as I (we) freely and voluntarily assume all risks of injury, death or property damage occurring thereon and release Sunburst Ski Area, its owners, employees and agents, from any and all liability for personal injury, death or property damage resulting from negligence, conditions of the premise, operations of the ski area, actions or omissions of its employees or agents, and from my participation in alpine activities at the ski area, accepting for myself the full responsibility for any and all such damage or injury of any kind which may result.

\_\_\_\_\_ Date \_\_\_\_\_  
Participant's Signature

\_\_\_\_\_ Date \_\_\_\_\_  
Parent's Signature